



## **Be Ready! - Emergency Checklist**

In an emergency, keep these items in a sturdy, easy-to-carry container  
- for example, a duffle bag or a plastic container.

### **Water**

One gallon per person per day (two quarts for drinking, two quarts for food preparation and sanitation) for three days.

Three-day supply for each person

Store in plastic containers (clean plastic bottles with screw caps).

### **Food** (Don't forget a non-electric can opener)

Ready-to-eat canned meat, fruits and vegetables

Canned juices, milk and soup

High-energy snacks (crackers, trail mix, granola bars, peanut butter, etc.)

Comfort foods (cookies, candy, hot chocolate, tea bags, instant coffee)

### **Prescription medicines**

### **First aid kit** (including non-prescription drugs like pain relievers)

### **Flashlight and extra batteries**

### **Portable radio and extra batteries**

### **Cash** (bills and coins)

### **Important family documents**

### **Sturdy clothing** (and a change of clothing), **rain gear and bedding**, (blankets, sleeping bags)

### **Small tool kit**

### **Bathroom supplies** (toilet paper, soap, personal hygiene items)

## **NOAA Weather Radio**

Salisbury 162.475

## **Emergency Alert System Stations**

Radio: WQHQ-FM 104.7 - WSCL-FM 89.5 - WQJZ-FM 97.1

TV: WBOC-TV 16 (Cable Channel 6) - WMDT-TV 47 (Cable Channel 7)

**IN AN EMERGENCY - CALL 911**

WORCESTER COUNTY DEPARTMENT OF EMERGENCY SERVICES