# NOTICE TO BIDDERS Request for Proposals Sobriety Treatment and Recovery Teams Worcester County Health Department

The Worcester County Local Behavioral Health Authority (WCLBHA), an agency of the Worcester County Health Department, seeks a Peer Support provider for the purpose of hiring a Family Mentor for implementation of Sobriety Treatment and Recovery Team (START) in Worcester County, Maryland. The provider must have a certified peer supervisor to co-supervise the Family Mentor. This grant is to support staff salary for a family mentor, training costs to support certification through the Maryland Addiction and Behavioral Health Professionals Certification Board (MABPCB), equipment needs for the family mentor, and travel related expenses. This grant will assist with the provider's ability to fully implement the evidence based model for START in Worcester County, Maryland. Grant funds are dedicated for services and activities for the START program in Worcester County. The Worcester County Local Behavioral Health Authority requests participation for a minimum of three years.

Proposals will be accepted by the Office of the County Commissioners until **Monday, August 23, 2021 at 1:00 PM.** One (1) original, and five (5) copies should be addressed and mailed or hand carried in a sealed envelope labeled "START" to:

Office of the County Commissioners ATTN: Mr. Weston Young, Chief Administrative Officer Worcester County Government Center One West Market Street, Room 1103 Snow Hill, MD 21863

Questions and all contact related to this Request for Proposals (RFP) may be sent to Debra Harmon at 410-632-1100 ext. 1230 or <a href="Debra.Harmon1@maryland.gov">Debra.Harmon1@maryland.gov</a>. Thank you for your interest.

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#### **Introduction and Conceptual Overview**

The Worcester County Local Behavioral Health Authority (WCLBHA), an agency of the Worcester County Health Department, has received funding for the purpose of hiring a Family Mentor to support implementation of START in Worcester County. The Family Mentor will be hired by the provider, co-supervised with the Worcester County Department of Social Services, and have full time office space at the Worcester County Department of Social Services.

The Sobriety Treatment and Recovery Teams (START) model is an intensive child welfare/peer support and integrated service delivery model. Implementation of the START service model is in response to an increase in the incidence of parental substance use disorder (SUD) and Substance Exposed Newborns (SEN) and the prevalence of SUD-related, child welfare out-of-home care placements in Maryland.

The Local Behavioral Health Authority is seeking a Peer Support provider for the purpose of hiring a Family Mentor for implementation of Sobriety Treatment and Recovery Team (START) in Worcester County, Maryland. The provider must have a certified peer supervisor to co-supervise the Family Mentor.

The Family Mentor should expect to have a maximum caseload of 15 families during anytime with in the fiscal year. The recipient of this grant will be requested to commit to hire and employ one (1) Full Time Equivalent (FTE) START Family Mentor whose role and function is specific and dedicated to START and who meets the minimum qualifications for the Department of Budget and Management (DBM) classification of a Certified Peer Recovery Specialist I or a Certified Peer Recovery Specialist II.

A Family Mentor is a person in long term recovery and has a history with Child Protective Services or has experience with Child Protective Services. The role and function is specific and dedicated to START and who meets the minimum qualifications for a classification of a Certified Peer Recovery Specialist I or a Certified Peer Recovery Specialist II. The position is full time and will is solely located within the Local Department of Social Services (LDSS) and will be cosupervised by the Peer Support provider selected.

In addition to hiring a family mentor, the provider will be expected to participate in supervision, training, and technical assistance, for implementing START in Worcester County, Maryland. Grant funds are dedicated for services and activities that support work of the Family Mentor in the START program. This is a competitive bid process.

#### **Target Population**

The Family Mentor will be expected to serve families identified and referred from the Worcester County Department of Social Services.

#### **Services**

To be considered, the provider must:

- 1. Provider shall comply with all fiscal and programmatic requirements as they relate to the START Program in the manner prescribed by the Local Behavioral Health Authority and Behavioral Health Administration, this includes budget requests, budget narratives, budget modifications, programmatic issues, and staffing. Provider must be in good standing with the State Comptroller's Office.
- 2. Hire and employ one (1) Full Time Equivalent (FTE) START Family Mentor whose role and function is specific and dedicated to START and who meets the minimum qualifications for the Department of Budget and Management (DBM) classification of a Certified Peer Recovery Specialist I or a Certified Peer Recovery Specialist II.
- 3. Resignation of a Family Mentor should be reported to the WCLBHA withing two business days.
- 4. Provider must submit a contingency plan to Worcester County LBHA to ensure that the requirements will continue until another Family Mentor is hired. Contingency plan is due within 30 days notice of award.
- 5. The Family Mentor position will only work on the START Program and will have a case load of up to 15 families with LDSS case worker and LDSS Supervisor. The START Family Mentor will work on other child welfare cases as referred by the LDSS when possible as agreed on by the Local START team.
- 6. Ensure that (1) FTE Family Mentor is physically located within the Local Department of Social Services (LDSS) full time and is paired with a LDSS caseworker.
- 7. Develop and implement, in collaboration with the LDSS supervisor, a cosupervision plan for oversight, coordination, and supervision of the Family Mentor and START activities.
- 8. The Family Mentor must be supervised by a Registered Peer Supervisor with the selected provider in accordance with the requirements of the Maryland Addiction and. Behavioral Health Professionals Certification Board (MABPCB). The supervision plan will be shared with LDSS. The plan will be reviewed by the provider, WCLBHA and the LDSS
- 9. Ensure that training required for Family Mentor (CPRS) certification is made available to the START Family Mentor, approve training hours in accordance with MABPC requirements, and monitor and support the Family Mentor in meeting (CPRS) certification requirements.

- 10. Review and approve the START Family Mentor's time sheet, requests for leave and monitor leave balances.
- 11. Facilitate timely communication and coordination of leave requests with the LDSS START Supervisor to prevent any adverse impact on START family participants.
- 12. In collaboration with the LDSS, ensure fidelity implementation of the START model.
- 13. Participate in scheduled START planning, implementation, and evaluation meetings.
- 14. Meet with LDSS no less than once per month for updates/information sharing that is pertinent to the START Family Mentor and START Program.
- 15. Report required utilization and family mentor activity data and submit the completed form to the University of Maryland Institute for Innovation and Implementation by the 1st of each month.
- 16. Provide a cell phone for the START Family Mentor
- 17. Allow the START Family Mentor access to an agency vehicle or provide the START Family Mentor mileage reimbursement for work-related travel.
- 18. Complete a Quarterly Narrative Report, to WCLBHA on the following dates:
  - 1. October 15
  - 2. January 15
  - 3. April 15
  - 4. July 15
- 19. Complete an Expenditure Report with Back up documentation by the following dates:
  - 1. October 3
  - 2. January 3
  - 3. April 3
  - 4. July 3

#### The Family Mentor shall:

- Work seamlessly with the Local Department of Social Services/Child Protective Services, provider and with the WCLBHA.
- Work to support the families involved in the child welfare system and the START program.
- Support parents to engage in services, identified by the Local Department of Social Services.
- Support parents/families in recovery services that will address the recovery needs of the family and develop recovery capital for the family.
- Support parents in developing a support system, learning recovery oriented parenting skills, identifying and obtaining needed resources and connecting to the recovery community.
- Work with the case workers in Local Department of Social Services to deliver intensive case management services in accordance with the START Minimum Work Guidelines.

- Participate in LDSS case staffing, case conferences and family involvement meetings/shared decision-making meetings, START direct line meetings and other meetings as needed to support the START Programs.
- Communicate to the LDSS supervisor and caseworker any concerns regarding the safety and well-being of all children.
- Document case notes for each participant encounter in the child welfare and the LBHA/LAA/LHD electronic case records.

#### Performance Measures:

- Directly contact in person/ through telehealth services / through phone or by way of various internet meeting platforms 90% of individuals on current caseload.
- Enter 100% of data on current caseload into the Department of Social Services Data System.
- Enter 100% of required data into the Family Mentor Documentation of Work Activities
- Refer at least 85% of current caseload to supportive/recovery resources.
- Refer 100% of case load that need substance use disorder treatment to a licensed substance use disorder (SUD) treatment program for a clinically appropriate assessment at an appropriate level of care.
- Educate 85% of current caseload with recovery tools/supports to enhance the participant's recovery experience.

### **Availability of Funds**

All bids will be conditional based upon the availability of sufficient funds. The annual amount budgeted for direct costs shall not exceed \$67,725 per fiscal year. The award amount for FY2022 will be pro-rated based on the date implementation agreed upon through the award process.

## **Description of Proposal**

The proposal shall adhere to the following format. Pages shall be numbered, and each section shall be divided and labeled including the following sections:

- Section 1 Program Plan Provide a statement of not more than one page outlining how the organization will assure adequate staff availability to participate in training, technical assistance, evaluation and implementation of START in Worcester County.
- Section 2 Scope of Services and Service Delivery Plan

Describe in detail how the program will work to fully implement conditions outlined for hiring the Family Mentor and collaborating with the WCLBHA and Worcester County Department of Social Services to implement the START program.

## Section 3 Organizational Capacity Statement

- A. Include the organizational history, nature, and scope of business activities, and organizational structure.
- B. If incorporated, provide a copy of the most current articles of incorporation. Additionally, provide a roster of all members of the organization's Board of Directors, including addresses and telephone numbers.
- C. Include an organizational chart depicting the relationship of the project to the current organization. If organization also offers direct SUD to potential targeted consumers, define the separate organizational relationship of the project to the direct service program(s) under the larger organizational structure.
- D. Describe experience and relevant former activities of the organization, which demonstrate an ability to provide the specific services of the proposed project.
- E. Provide documentation showing the organization is in good standing with the State Comptroller's Office.
- Section 4 Staffing Provide a list of staff and their qualifications. Include positions' description and the total number of full-time equivalents (FTE) and part-time (PT) positions by program area. Include a statement indicating that recruitment, training, and supervision procedures are in compliance with the Equal Employment Opportunity (EEO) guidelines; and the Americans with Disabilities Act (ADA).

#### **Section 5** Financial and Budget

- A. Include audited financial statements, including any management letters, for the past three years. Additional information may be requested.
- B. Provide a line item budget for an amount not to exceed \$67,725 utilizing DHMH Form 432B (Program Budget) of DHMH Forms 432A-H (Human Service Contract Proposal) including a narrative detailing proposed expenditures.

#### **Selection Schedule**

County Commissioners meeting in which the RFP will be reviewed: **July 20, 2021.** Questions and all contact related to this Request for Proposals (RFP) may be sent to Debra Harmon at 410-632-1100 ext. 1230 or <u>Debra.Harmon1@maryland.gov</u>. Questions will be responded to within three (3) business days.

RFP due to the Worcester County Administration: August 23, 2021 by 1:00 pm.

Evaluation Meeting: Week of August 23, 2021.

County Commissioners meeting to submit vendor(s) selected: **September 7, 2021.** 

Chosen vendor will be contacted by: Letter.

The vendor chosen will be notified by WCLBHA staff by September 15, 2021. A follow up meeting will then be scheduled. Vendors are expected to be ready for implementation by October 1, 2021.

Interested parties must submit one (1) original and five (5) copies of their proposal to the Worcester County Government by the established deadline of **August 23, 2021 at 1:00 pm**. The Worcester County Government will ensure that all proposals received by the deadline are given to the WCLBHA. Proposals should be addressed and mailed or hand carried in a sealed envelope labeled "START" to:

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